



## Navigating Change: Understanding Employee Attitudes and Behaviors during Periods of Management Transition

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### How to Cite

Charity Lee (2024). Navigating Change: Understanding Employee Attitudes and Behaviors during Periods of Management Transition. *International Journal of Multidisciplinary Studies and Innovative Research*, 12(1), 1769-1775. DOI: 10.53075/Ijmsirq/098432765676567

**Abstract:** In the dynamic corporate landscape, marked by continual changes, transitions in leadership have emerged as pivotal moments influencing organizational dynamics and employee experiences. This article delves into the intricate realm of employee attitudes and behaviours during periods of management transition. By scrutinizing aspects such as initial resistance, impact on morale and productivity, opportunities for growth, communication strategies, the development of a supportive culture, and the crucial role of leadership, this comprehensive review offers nuanced insights into the effective management of organizational change. The exploration extends beyond the theoretical framework, delving into practical strategies for leaders navigating the challenges posed by transitions in leadership. The review identifies a critical gap in the existing literature concerning the internationalist of employee attitudes and the multifaceted nature of management transitions. While various studies touch on individual aspects, there is a scarcity of comprehensive analyses that integrate the diverse facets of employee experiences during these transitions. This research aims to bridge this gap by providing a holistic understanding of the challenges and opportunities associated with management changes, offering a valuable resource for scholars, practitioners, and organizational leaders alike. Recommendations derived from the synthesis of literature and empirical insights include fostering transparency through open dialogues, establishing two-way communication platforms to involve employees in the transition process, communicating realistic timelines to manage expectations, and prioritizing the measurement of well-being indicators through surveys and feedback mechanisms. These recommendations serve as a guide for leaders seeking to navigate management transitions with finesse and effectively support their workforce through the complexities of change.

**Keywords:** Employee attitudes, Management transition, Change management, Workplace culture, Leadership, Employee resistance, Opportunities for growth.

### I. Introduction

In the ever-evolving tapestry of the corporate realm, change is not just a constant but a necessary force propelling organizations toward

innovation and sustainability (Whelan-Berry & Somerville, 2010). Central to this transformative journey are the intricate dynamics of management transitions, moments when the

helm of leadership undergoes a significant shift. As organizations pivot to meet new challenges and seize emerging opportunities, the impact of these transitions on their most valuable asset—their workforce—becomes a focal point of exploration.

This paper examines the multifaceted landscape of employee attitudes and behaviors during periods of management transition. Such junctures, marked by a change in leadership, often act as crucibles that test the resilience and adaptability of an organization's human capital. Understanding the nuances of how employees respond to these changes is not merely an academic exercise but a practical necessity for leaders and organizations aiming to navigate these transformations moments with finesse (Armenakis & Bedeian, 1999).

The paper also seeks to unravel the threads of employee experiences—from the initial ripples of resistance to the broader implications for workplace culture and productivity. Each stage of this journey offers insights into the challenges organizations face and the opportunities that lie within the upheaval. By deciphering the intricacies of employee attitudes during management transitions, the aim is to equip organizational leaders and stakeholders with the knowledge needed to foster a resilient and engaged workforce amidst the ever-shifting currents of change (Anderson et al., 2010).

According to Carnall, C.A. (2007), in an era where adaptability is a cornerstone of organizational success, acknowledging the human element within the machinery of change is paramount. It is important to explore the human dimension of management transitions, where the interplay of emotions, aspirations, and organizational culture creates a narrative that defines the trajectory of businesses in a world that is in a perpetual state of flux.

## **2. Employee Attitudes and Behaviors during Management Transition**

In the ever-changing landscape of organizational change, management transitions stand as important moments, shaping the attitudes and behaviours of employees (Huy, 1999). So, the study into the intricate interplay of employee responses during periods of management transition, exploring the nuanced dimensions of

attitudes and behaviours that unfold in the face of leadership shifts. Drawing on theories of organizational psychology and change management, it can be unravelling the complexities inherent in employee attitudes during these transitional phases.

According to Bridges, (2009), scrutinizing the initial resistance phase, will identify the root causes of employee apprehension, examining the uncertainties and concerns that emerge with changes in leadership. Subsequent stages focus on the adaptation and evolution of attitudes, shedding light on how employees navigate the challenges posed by management transitions. Furthermore, in the same study it was discovered, this is a direct relationship between employee relationship and management transitions modality. The role of effective leadership in mitigating resistance and fostering a positive environment according to Rafferty, & Restubog, (2017) is a central theme explored in-depth. The findings contribute not only to academic discourse but also offer practical implications for organizational leaders seeking strategies to navigate management transitions seamlessly.

## **3. Initial Resistance: Navigating the Waves of Uncertainty**

Change often triggers a natural resistance in individuals (Bridges, W. 2009). Employees may feel a sense of uncertainty, fear of the unknown, or concerns about job security. Acknowledging and addressing these concerns early on is essential to mitigate initial resistance. Communication becomes a powerful tool at this stage, fostering transparency and building trust among employees. Change, by its very nature, tends to disrupt the equilibrium that individuals find comfort in. When it comes to management transitions, the initial response from employees is often marked by a wave of resistance—a natural human reaction to the uncertainties that accompany any significant shift in leadership. This phase, akin to the first gusts of wind before a storm, requires careful attention and strategic handling to ensure a smoother journey through the transition (Bridges, 2009). At the core of this resistance is the unknown (Armenakis, & Bedeian, 1999). Employees, accustomed to familiar faces at the helm, grapple with the uncertainty of what the change means for them personally and professionally. Questions about

how the new management will impact their roles, responsibilities, and the overall trajectory of the organization contribute to a sense of unease. Job security concerns often loom large during this phase, as employees contemplate the potential ramifications of the transition on their livelihoods.

Acknowledging these fears and uncertainties is the first step in dismantling resistance. Transparent communication becomes a linchpin in this process. Leaders must proactively share information about the reasons behind the management transition, the strategic vision moving forward and the specific role employees play in shaping the organization's future. By providing clarity and context, leaders can alleviate some of the anxieties that fuel resistance. Resistance also often stems from a perceived lack of agency in the face of change. Establishing forums for employees to express their concerns, ask questions and contribute to the dialogue empowers them to be active participants rather than passive observers. Town hall meetings, Questions & Answers (Q&A) sessions and anonymous suggestion boxes are valuable tools for fostering open communication channels (Whelan-Berry, & Somerville, 2010).

#### **4. Managing Expectations through Realistic Timelines**

Change takes time, and managing expectations is crucial in the initial stages of resistance. Leaders should communicate realistic timelines for the transition process, outlining key milestones and providing regular updates. This helps employees gain a sense of control and understanding, mitigating the sense of being adrift in uncharted waters. Highlighting elements of continuity can serve as an anchor for employees amidst change. While leadership is evolving, emphasizing the organization's core values, mission, and long-term goals provides a sense of stability. It reinforces the idea that, despite the changes at the top, the fundamental principles that define the organization remain steadfast.

In essence, according to Anderson, & Ackerman-Anderson, (2010), the initial resistance phase is a delicate dance between acknowledging the valid concerns of employees and steering the collective mindset towards a more positive and adaptive outlook. By understanding and actively addressing the fears that underlie this resistance,

organizations can pave the way for a more seamless transition and set the stage for the subsequent stages of employee engagement during management changes.

#### **5. Impact of Management Transition on Morale and Productivity**

A change in management can have a direct impact on employee morale and productivity. Uncertainty about the future may lead to a dip in motivation, and employees may question their roles within the organization. Effective leadership during these transitions is critical to maintaining a positive work environment and ensuring that productivity levels remain stable. A change in management, akin to a seismic shift in the corporate landscape, casts ripples that extend far beyond the boardroom. As the new leadership takes the reins, the impact on employee morale and productivity becomes a pivotal focal point. Understanding the dynamics at play during this phase is essential for leaders tasked with maintaining a cohesive and motivated workforce (Workforce Oreg et al., 2011).

Employee morale is an intricate tapestry woven from the threads of job satisfaction, engagement, and a sense of purpose within the organization (Anis, 2023). A change in management can either fortify or unravel this tapestry, depending on how the transition is navigated. The uncertainty that often accompanies change can lead to a dip in morale, as employees grapple with questions about their role, the company's future direction, and their personal connection to the evolving narrative. Effective communication emerges as a linchpin in preserving and in some cases, bolstering morale during management transitions. Leaders must be adept at articulating the rationale behind the change, the anticipated benefits, and the strategies in place to support employees through the transition. By fostering open lines of communication, leaders create a climate of transparency that, in turn, contributes to a sense of trust and stability (Rafferty, & Restubog, 2017).

#### **6. Recognizing and Addressing Disengagement**

A pivotal consequence of a leadership transition is the potential emergence of feelings of disconnection among employees. As the organizational helm undergoes a shift, employees

may find themselves questioning the alignment of their values with those of the organization or experiencing a noticeable sense of detachment from the new leadership. Recognizing and actively addressing this disengagement becomes imperative for organizational leaders seeking to maintain a cohesive and motivated workforce during periods of change. In response to the identified challenge, this study advocates for proactive measures aimed at rekindling a sense of belonging and purpose among disengaged employees. Drawing inspiration from organizational psychology and change management theories, particularly the work of Kahn (1990) on the psychological conditions of engagement and disengagement, the study proposes targeted initiatives including the following:

#### ***Team-Building Activities***

Strategically designed team-building activities are proposed to foster a collaborative environment. These activities aim to break down barriers, enhance interpersonal relationships, and create a sense of camaraderie among team members. This aligns with the works of Saks and Gruman (2017), emphasizing the positive impact of social support mechanisms on employee engagement during organizational change.

#### ***Mentor-ship Programs***

Introducing mentor-ship programs is suggested to provide employees with guidance and support during the transitional phase. Such programs not only facilitate knowledge transfer but also contribute to a sense of professional and personal development. The mentoring approach is substantiated by the research of Maslach and Leiter (2016), which highlights the significance of fostering positive workplace relationships to mitigate burnout.

#### ***Acknowledging Individual Contributions***

Recognizing and acknowledging individual contributions are emphasized as powerful tools to reignite a sense of purpose. This involves public acknowledgment of achievements, contributions, and the unique value each employee brings to the organization. This aligns with the principles of positive psychology, emphasizing the impact of appreciation and recognition on employee motivation and well-being.

In conclusion, this segment advocates a comprehensive strategy rooted in established theories and practical insights. By addressing disengagement through targeted initiatives, organizations can foster a positive work environment and bolster employee morale, ultimately contributing to the successful navigation of management transitions.

### **7. Productivity: Navigating the Waters of Stability**

In the dynamic landscape of management transitions, fluctuations in employee morale inevitably influence the tide of productivity. This segment addresses the challenges that arise as established workflows face disruption during these transitions, potentially causing a temporary decline in productivity. Drawing on the Job Demands-Resources Model (Demerouti et al., 2001), the study emphasizes the interconnectedness of employees' well-being, job demands, and productivity.

#### ***Leadership Response***

Leaders must proactively navigate these productivity challenges. Swift identification and resolution of bottlenecks are essential components of effective leadership during these transitions. Strategic support and resource allocation play a pivotal role in stabilizing productivity, with leaders encouraged to align goals, communicate clearly, and engage in collaborative problem-solving.

#### ***Efficiency through Collaboration***

Encouraging a collaborative environment becomes crucial in maintaining stability. Open communication channels fostered by leaders allow team members to share insights and collectively contribute to solutions. This collaborative approach aligns with contemporary organizational theories that emphasize the importance of employee involvement and participation (Lawler et al., 1992). In essence, this segment underscores the dynamic relationship between morale, productivity, and effective leadership during management transitions. By recognizing productivity fluctuations as a natural part of the change process, leaders can strategically intervene to ensure teams remain focused, efficient, and resilient amidst organizational transformation.

## **8. Measuring and Monitoring Well-Being Indicators**

Quantifying morale and productivity require more than a cursory glance; it demands a comprehensive understanding of well-being indicators. Surveys, feedback mechanisms, and one-on-one conversations can serve as valuable tools for measuring the pulse of the organization. Leaders armed with this insight can implement targeted strategies to address specific pain points, fostering an environment where both morale and productivity can flourish. In essence, the impact on morale and productivity during a management transition is a dynamic dance between organizational shifts and human responses. Recognizing the interconnectedness of these elements and implementing proactive measures to support employees not only preserves the well-being of the workforce but also positions the organization for sustained success amidst the currents of change. Some of the indicators that can be considered are;

### ***Comprehensive Understanding***

Quantifying morale and productivity demand a deep dive into well-being indicators. Beyond surface-level assessments, a thorough comprehension is necessary during management transitions.

### ***Strategic Tools***

Surveys, meticulously crafted, provide quantitative insights into employee sentiments and trends. Feedback mechanisms offer a dynamic platform for anonymous expression of concerns and ideas. Personalized one-on-one conversations, marked by empathy, unveil qualitative nuances in employee experiences.

### ***Insightful Implementation***

Leaders, armed with multi-faceted insights, strategically implement targeted strategies. Addressing specific pain points identified through surveys, feedback, and conversations fosters a responsive environment.

### ***Alignment with Organizational Psychology***

This approach aligns with contemporary organizational psychology theories, emphasizing the pivotal role of employee well-being in achieving sustainable success (Keyes, 2007).

## ***Dynamic Dance of Change***

Recognizing the dynamic interplay between organizational shifts and human responses during transitions. Proactive measures safeguard not only the well-being of the workforce but fortify the organization for sustained success amidst dynamic change.

## **9. Leadership Visibility and Support**

Leadership visibility during this phase becomes a beacon of stability. Leaders, who actively engage with their teams, providing guidance, support and reassurance, can mitigate the negative impact on morale and productivity. Demonstrating a commitment to the well-being of the work through both words and actions reinforces a sense of shared purpose and inspires confidence in the new leadership.

Also, Leadership Visibility and Support are crucial aspect of managing change and fostering employee's engagement during periods of management transition. According to the Harvard Business Review, in managing change, it is essential to establish a powerful support structure such as a Transition management Team, to create an environment of trust and empowerment. The transition management team is responsible for establishing the context for change and stimulating conversation among other things.

Additionally, Article on [culturemonkey.io](http://culturemonkey.io) emphasizes the role of line managers as influential catalysts in nurturing worker involvement during change ensuring a smooth transition and enthusiastic worker participation. In summary, leadership visibility and support involve establishing a support structure and engaging in transparent conversation to foster trust, empowerment and work environment during periods of management transition and change. These efforts are essential for managing employee attitudes and behaviors during such transitions

## **10. Conclusion**

This paper provides a comprehensive examination of employee attitudes and behaviors during periods of management transition. By analyzing the initial resistance phase, impact on morale and productivity, and role of leadership, key insights were gained. The initial resistance from employees stems from

natural human reactions to uncertainty and disruption. However, with transparent communication, forums for input, and clear expectations, leaders can mitigate anxieties that fuel resistance.

Morale and productivity are directly influenced by organizational changes. Effective communication of rationale, benefits and support strategies can sustain motivation. Recognizing potential disengagement and addressing bottlenecks preserves well-being. Leadership visibility and prioritizing employee welfare through transitions are paramount. Measuring indicators like surveys allows targeted interventions to specific needs. While change brings adjustments, strategic support of the workforce positions organizations for resilience. With careful attention to the human dimension of change through strategic communication and support, organizations can navigate transitions in a way that fosters resilience and lays the foundation for future growth.

The following Recommendations according to Oreg et al., (2011) are proposed for leaders navigating management transitions:

- a. Foster transparency through open dialogue on reasons for change, vision and employee roles and address concerns proactively to alleviate fears.
- b. Provide platforms for two-way communication to make employees stakeholders in the process. Gather valuable input through meetings and feedback mechanisms.
- c. Communicate realistic timelines and milestones to manage expectations with emphasis on continuity of core organizational principles for stability.
- d. Monitor and measure morale, productivity indicators through surveys and feedback. Be vigilant about potential disengagement or bottlenecks.
- e. Demonstrate leadership commitment to workforce well-being through visibility, support initiatives and recognition of contributions.
- f. Equip employees with resources and training for adjustments. Team-building activities can boost cohesion and a sense of belonging.

## Acknowledgment

I would like to express my gratitude to lecturers of Catholic University of Ghana and the Editorial Board of IJMSIR for guidance and useful suggestions to improve the quality of the paper.

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